



# Merry Healthy Christmas

**27 to 29 December**



*Information for parents*  
**Christmas 2023**

# Art Sports & Music!



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# Inspiring your Christmas

We would like to share this Christmas holiday with you doing what you like best: **Art or Sports.**

Plus, in both programmes... **Music Workshop!**

## ✓ **Art:**

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On 27, 28 and 29 December, our Healthy Christmas camp will be held for pupils to learn, awaken their curiosity and enjoy all of the possibilities that Art can offer.

This year we will make the rounds through all of the different festive days that the Christmas holiday brings to inspire our artwork.

### **1 CHRISTMAS IS COMING – LET’S DECORATE THE HOUSE.**

We will do arts and crafts projects to create a variety of decorative elements.

### **2 CHRISTMAS DAY – SANTA CLAUS IS COMING!** We will make a delicious meal modelled in plasticine. We will draw and paint Santa Claus and make some gift boxes.

### **3 NEW YEAR’S EVE.** We will make a photo call and have a party!

### **4 THE THREE KINGS ARE COMING!** We will have a look at the cultural elements around this festivity and make gifts.

Instructors:

**Laura Pajares Pérez** and **Inmaculada Martinez Martí.**

# Inspiring your Christmas

## ✓ Sports:

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- Children will enjoy individual sports (athletics, badminton and ping pong) and team sports (basketball, football and volleyball).
- They'll also discover some new sports such as colpbol or frisbee. Don't miss it!
- Our experienced coach **Anabel Mateo** will be in charge of inspiring players' talent.



**Both options include aquatic activities in the indoor pool led by José Leal, with coaches Isabel Padilla and Adrián Pi, supported by Constanza González and Lorena Solsona.**

# Inspiramos tu Navidad

## ✓ *Music Workshop:*

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### **Group 1:** Younger group

The aim of this workshop is to inspire the child musically through play, movement and creativity. We will focus on their physical and sensorial experience: singing songs, speaking rhythmically and using movement for an integral approach to music. Also, children will learn about and try different musical instruments: what does an electronic drum set sound like? What kinds of sounds can be made by a keyboard? What does my voice sound like when I use a microphone? What is a guitalele? In this way, children can learn to distinguish the different sounds whilst having their first contact with a variety of instruments.

### **Group 2:** Older group

The aim of this workshop is to develop musical comprehension, acquire experience with a variety of instruments and become enthusiastic about music. We will focus on learning about individual instruments through a sound system. What is a sound system? Also, children will learn about and try different musical instruments: what does an electronic drum set sound like when I play it? What kinds of sounds can be made by a keyboard? What does my voice sound like when I use a microphone? These experiences will be put into practice in songs that the children will choose. Through these practical examples, they will see what sounds make up their favourite songs and will learn to distinguish them.

Workshop led by **Tono Gómez**, Caxton Music School Coordinator.

# ***What do I need to bring?***

All pupils should bring a morning snack and a bottle of water.

- ✓ **Art:** An overall or clothing that can get stained.
- ✓ **Sports:** Athletic clothing and trainers.
- ✓ **Aquatic Activities:** A separate bag with a swimsuit, towel, cap, swim socks and goggles.





# Behaviour rules

In order for this programme to be a good experience and for all of the children to get the most out of it, our expectation is for all children to be respectful at all times with school staff and with classmates, according to the school's usual policy.

Children may not bring electronic devices to the camp. The school will accept no responsibility for any electronic devices or valuables that are lost or damaged.





# ***School bus transport***

The school provides a free bus transport service covering the Gran Vía roads in Valencia.

Please check bus stops and timetables on the registration form.



# ***Arrival and collection of children***

The arrival and collection of children will take place in the pine tree area. The gate will open at 9:45am and will close at 10:00am.

In the afternoon, children are to be collected from 4:40pm and until 5:00pm.

Coaches and support staff will monitor the children.

## ***Pine tree area***



# Communication with school

Main School Reception: **961 424 500**  
**from 9:00am to 2:00pm**

José Leal, coordinator: **639 138 620**  
**from 10:00am to 17:00pm**

It is very important that you contact the Main School Reception if you need to collect your child outside of the normal time, or if for any reason your child will be late or absent.

Exceptional collection times:

11:00am

1:30pm



# Timetable

## Art & Music Timetable

Arte / Música	From Reception to Year 3 For children born between 2016 & 2019	From Year 4 to Year 6 For children born between 2013 & 2015
9:45am	Arrival	Arrival
10:00 – 11:00am	ArtA	rt
11:05 – 11:35am	Morning Snack	Morning Snack
11:40am – 1:10pm	Music	Aquatic Games
1:15 – 2:15pm	Lunch and play time	Lunch and play time
2:20 – 3:20pm	ArtA	rt
3:20 – 4:20pm	Aquatic Games	Music
4:40 – 5:00pm	Afternoon Snack and departure	Afternoon Snack and departure

## Sports & Music Timetable

Deporte / Música	From Reception to Year 3 For children born between 2016 & 2019	From Year 4 to Year 6 For children born between 2013 & 2015
9:45am	Arrival	Arrival
10:00 – 11:00am	Music	Sport
11:05 – 11:35am	Morning Snack	Morning Snack
11:40am – 1:10pm	Team Sports	Aquatic Games
1:15 – 2:15pm	Lunch and play time	Lunch and play time
2:20 – 3:20pm	Team Sports	Music
3:20 – 4:20pm	Aquatic Games	Sport
4:40 – 5:00pm	Afternoon Snack and departure	Afternoon Snack and departure

# Fee

**€185**

\*Enrolment for single days is not permitted.

# Menu

## Lunch

Wednesday	Thursday	Friday
27	28	29
Pureed vegetable soup Chicken burger with chips Mixed salad Seasonal fruit	Lentil soup Baked chicken with mushrooms Mixed salad Seasonal fruit	Pasta with tomato sauce and cheese Baked hake with broccoli Mixed salad Seasonal fruit

## Afternoon Snack

Homemade cake & small box of semi skimmed milk	Cheese sandwich & mini box of juice	Ham sandwich & small box of semi skimmed milk
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## Sport Facilities



Small Gym



Indoor Pool



2 Football Pitches



Multisport Courts

## Art Classrooms



2 Art Classrooms

## School Facilities



3 Dining Rooms and  
On-site Kitchen



Bus Parking Area



Variety of Outdoor  
Spaces



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