

Healthy Easter

At Calvestra Centro de Ocio

For children born between **2012 & 2015**
For students from Year 4 to 7

DAY 1	
8:30am	Departure from the Mestalla Stadium in Valencia
10:00-11:30am	Welcome and Morning Snack
11:30am-1:30pm	Art or sport
1:30-3:15pm	Lunch
3:15-4:45pm	Leisure Activities
4:45-5:15pm	Afternoon snack
5:15-7:15pm	Art or sport
7:15-8:15pm	Personal hygiene
8:15-9:45pm	Dinner
9:45-10:50pm	Music and dance activities
11:00pm	Lights out

DAY 2, 3 & 4	
8:30am	Wake up time
9:00-9:45am	Breakfast
9:45-10:00am	Personal hygiene
10:00-11:30am	Art or sport
11:30-12:00am	Morning Snack
12:00am-1:30pm	Art or sport
1:30-3:15pm	Lunch
3:15-4:45pm	Leisure Activities
4:45-5:15pm	Afternoon snack
5:15-7:15pm	Art or sport
7:15-8:15pm	Personal hygiene
8:15-9:45pm	Dinner
9:45-10:50pm	Actividad musical y de baile
11:00pm	Lights out

*** We will leave Calvestra after lunch**