

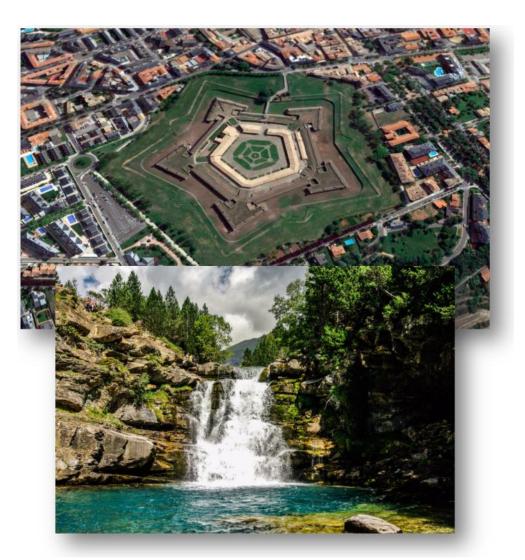
JACA EXPERIENCE SPORT CAMP 2024



Again this year, we will return to **Jaca** for our Sport Camp.

At this location, we can combine basketball, tennis, football and swimming in fantastic facilities in beautiful natural surroundings.

We combine these four Competition Sports in a new format that will include *an increase in leisure time activities*.







BASKETBALL: We will join the camp organised by **Give&Go**. This will be the sixth edition of these prestigious camps in Spain, run by the former pro players Quique Ruiz Paz and Mónica Messa, as well as the Madrid Infantil team coach Adolfo Garcia.

Special sessions with a shooting machine, introduction to and training in 3x3 play with an evening 3x3 tournament.









FOOTBALL: With *José Leal* and *Carlos Martinez*, coordinators of our Football Competition Teams, together with different members of our coaching team. We will continue to work on developing players' skills at El Oroel, the stadium with artificial turf where the **Club de Fútbol Jacetano** plays.

We will focus on both **technical and tactical improvement** both on an **individual** as well as **group and team level.** There will also be opportunities for competition matches in small teams, the classic 'Fu-niño' championship with trophies and even friendly matches with local teams.









TENNIS: *Victor Lucena*, our Tennis Academy coordinator, will oversee our players' training to improve their skills at Jaca's municipal facilities.

2 adjacent tennis courts where we will work on both technique and tactics for all levels, with specific tasks for each player and mini tournaments.







SWIMMING: Our Olympic swimmer *Merche Peris* will lead all of the activities for our swimmers at the municipal indoor pool.

Daily training sessions will focus on **technique improvement** for all strokes, as well as **starts and turns.** Additionally, swimmers will compete among themselves to maintain their competition level. During the week, our swimmers will be able to make the most of their skills.





DATES AND AGES

For players born between 2008 and 2015

From 30 June to 7 July 2024

••7 nights

" Camp start date: 30 June

" Camp end date: 7 July

For players born between 2008 and 2015





Colegio Escolapios is located 5 minutes from Jaca town centre. It consists of private enclosed facilities that include everything required, both sport facilities and the residence, so players do not need to leave the complex.





The **Residence** has 32 rooms with a 6 person capacity and 12 triple rooms, all of which have their own bathroom. It also includes common areas such as a social room, conference room, gym, changing rooms, dining room and numerous sport facilities.



https://www.alberguejaca.es



The Jaca Experience Sport Camp is not only based on sport: *leisure will also play a very important role this year*.

Since it is summer time, it's also important to have time to cool off in the pool, combining free time with sport training sessions. During leisure periods, we will also run contests, treasure hunts and evening galas, and of course we wouldn't miss a dinner at the famous Hamburguesería Esteban!





Among the leisure activities are several exciting day trips, depending on the sport camp and age of the participants:

Canyoning/Rafting/Zip Line

Offered exclusively by **Give & Go**, this trip is available for Basketball Camp players. It is one of the activities participants most enjoy every year and it consists of descending a canyon with overhangs, jumps, short abseils and pools of different sizes. It is run by Aragón Aventura, an organisation with more than 30 years of experience that provides participants with everything required to enjoy the experience: neoprene suits, footwear, helmets, harnesses, descenders and ropes.





Le Petite Traine d'artouste

This activity will be for Football, Tennis and Swimming Camp participants: a trip to the mountain summit on the highest narrow-gauge train in Europe at an altitude of over 2,000 metres and over more than 10 km of track, where they will discover a natural environment that is undisturbed and protected.





ADDITIONAL ACTIVITIES Adventure and fun in natural surroundings

SendAventura

This activity will be for Football, Tennis and Swimming Camp participants: a via ferrata for beginners with a Tibetan bridge and a hike on a path where the indigenous flora can be observed, and including a visit to the Santa Elena cavern with its waterfall.







Travel from Valencia to Jaca will be by bus. Service will be provided by **Autocares Pascual Puerto** which is the school's bus transport company.

Departure: 30 June

- Time of departure: 8:00am
- Estimated arrival time: 3:00pm
- Location: Mestalla Stadium

Return: 7 July

- Time of departure: 12:00pm
- Estimated arrival time: 7:00pm
- Location: Mestalla Stadium





- Insurance policy with MGS
- Physical therapy service
- Health Centre: Policlínica Pirineos

Children's safety is a maximum priority fo rus, which is why we have a **Health and Safety Policy** that will be strictly adhered to at all times during the camp and overseen by the Health and Safety Director in order to ensure that all activities are carried out successfully.



Registration is open until 17 June or whilst places are available.

Services included:

- Travel by bus Valencia-Jaca-Valencia
- Room and full board (including morning and afternoon snacks)
- Training sessions
- Competitions
- Camp sport kit
- Accident Insurance
- Physical therapy service
- Day trips
- Leisure activities
- End of camp party with disco
- Pool
- Dinner out at the famous 'Hamburguesería Esteban' in Jaca

Registration for the camp is open to any athlete, and it is not a requirement for participants to be pupils at Caxton College or players for the Caxton College Competition Sport Teams.





If cancellation is made due to injury or illness, notification in writing 15 days prior to the start of the Camp is required in the form of a medical note sent by email to <u>extraescolares@caxtoncollege.net</u>. In this case, a refund of 80% of the paid amount will be made.

Cancellation of the registration for any other reason may be made until 26 May.

If a participant does not join the Camp or does not inform the organisation of any circumstances affecting their registration within the established deadlines, no refunds will be made.

Each Sport Camp will require a minimum number of enrolments in order to run.

